

Week	Event	Date	Length	Comments	Online content topic	Assignments, assessments and quizzes
#1	Kick off meeting	20 Feb 2027	90 mins	Meet your fellow participants	Why do we need good leadership? The story and goal of civilization. Spiritual leadership. Reflective learning.	Self Assessment (pre-course)
#2					Self Development - how we learn, setting and reflecting on our goals	
#3	Group coaching 1	6 Mar 2027	90 mins	Review content and share challenges	What is a team? A framework for understanding the maturity of a team	Quiz 1 (10 min in-class)
#4					The stages of group development (forming storming, norming, performing, adjourning)	
#5	Workshop 1	20 Mar 2027	4.5 hours	Practice week 1-4 content	Leadership and boundary management	Reflective Journal 1 (30 min)
#6					The biopsychology of cooperation	
#7	Group coaching 2	3 Apr 2027	90 mins	Review content and share challenges		Quiz 2 (10 min in-class)
#8					Global DISC	
#9	Workshop 2	17 Apr 2027	4.5 hours	Practice week 5-8 content	Conflict resolution 1	Reflective journal 2 (30 min)

#10					Conflict resolution 2	
#11	Group Coaching 3	1 May 2027	90 mins	Review content and share challenges	Cultural intelligence and inclusion	Quiz 3 (10 min in-class)
#12					Memes and consciousness change	
#13	Workshop 3	15 May 2027	4.5 hours	Practice week 9-12 content		Reflective Journal 3 (30 min) Quiz (10 min in-class)
#15	Group closing and reflections	29 May 2027	90 mins	Presenting your self-development takeaways		Course reflection (30 min) Self Assessment (end)